



EXPAND HEALTH CARE ACCESS

What is Trichomoniasis?

- Trichomoniasis (trich), which is caused by a parasite, is the most common curable sexually transmitted infection (STI) in the U.S.
 - Often difficult or impossible to detect, this parasite can be passed back and forth between partners.
- 70% - 85% of infected people are asymptomatic
 - Men are less likely to show symptoms than women, and thus less likely to be seen for diagnosis and treatment.
- Trich can negatively impact birth outcomes by causing preterm labor.
- Those with untreated trich are more susceptible to contracting HIV/AIDS—particularly women.

Expedited Partner Therapy keeps Nebraskans healthy

- Expedited Partner Therapy (EPT) allows for the partner(s) of a person who has received a diagnosis to be treated without a physician visit. This prevents reinfection between partners or further transmission.
- The medical community agrees: EPT helps facilitate partner treatment in a safe and efficient manner.
- Nebraska already has EPT coverage for chlamydia and gonorrhea diagnoses; trichomoniasis should be added to this coverage.



1 in 5

PEOPLE ARE LIKELY TO BE RE-INFECTED WITHIN THE FIRST THREE MONTHS OF TREATMENT

Treating Trich with EPT

- EPT coverage for trichomoniasis is critical – both partners need to be treated, regardless of symptoms, to combat rates of reinfection.
- 1 in 5 people are likely to be re-infected within the first three months of treatment.¹
- EPT is one more tool the medical community can implement to help combat reinfection and spread of this disease.
- Five states (MD, NM, OH, SC, WI) and Washington, DC, have included trichomoniasis in their EPT coverage.²

¹<https://www.cdc.gov/std/trichomonas/stdfact-trichomoniasis.htm>

²<https://www.gutmacher.org/state-policy/explore/partner-treatment-stis>