

GRADE K-2

- Identify different FAMILY structures, FRIENDSHIPS, and healthy ways to EXPRESS feelings.
- Explain that ALL PEOPLE have the right NOT to be touched. Identify trusted adults and demonstrate how to clearly say “NO”.
- Explain why BULLYING and teasing are wrong and how to respond.
- Understand that ALL living things reproduce and use PROPER NAMES for body parts including genitalia.
- Define gender, the ways it can be expressed, and how gender stereotypes limit behavior.

GRADE 3-5

- Explain physical, social, and emotional changes during PUBERTY.
- Describe CONSENT and HEALTHY RELATIONSHIPS and demonstrate positive COMMUNICATION.
- Define HARASSMENT and sexual abuse. Demonstrate REFUSAL skills. Discuss effective responses to bullying.
- Describe reproductive SYSTEMS and PROCESSES and identify medically accurate information.
- Understand difference between SEXUAL ORIENTATION and GENDER IDENTITY. Demonstrate DIGNITY and RESPECT.
- Define STIs, including HIV with age-appropriate discussions of transmission and prevention.
- Explain why a person who has been sexually assaulted is NOT at fault.

GRADE 6-8

- Discuss characteristics of HEALTHY and UNHEALTHY relationships.
- Define CONSENT and analyze potential POWER dynamics, including race, in relationships.
- Analyze cultural influences on BODY IMAGE and SELF-ESTEEM.
- Identify accurate sources of information on PUBERTY.
- Explain benefits and risks of various CONTRACEPTIVE methods.
- Differentiate between GENDER IDENTITY and EXPRESSION, and SEXUAL ORIENTATION.
- Describe signs of PREGNANCY and identify PRENATAL practices that contribute to healthy pregnancies.
- Define STIs, describe steps to using a CONDOM and compare behaviors to determine risk level.
- Define INTERCOURSE and ABSTINENCE, identify credible sources of information on sexual health.
- Explain why a person who has been sexually assaulted is NOT at fault.

GRADE 9-12

- Demonstrate communication and decision making regarding CONTRACEPTION choices, describe steps to correctly using a CONDOM.
- Analyze the impact of BRAIN development on cognitive, social, and emotional changes in adolescents.
- Differentiate between biological sex, sexual orientation, and gender; and between orientation, behavior, and identity. Create SAFE environments.
- Describe sexual response cycles, including the role of HORMONES.
- Develop plan to reduce risk of STIs, demonstrate skills to communicate with partner about PREVENTION, and analyze individual responsibility for testing.

National Sexuality Education Standards